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Textbook: Spring 2022  
C & GE Approved: March 17, 2022  
Board approved: May 11, 2022  
Semester effective:

Communications (COMM) 1530 Interpersonal Communication (3 Units) CSU

Advisory: Eligibility for English 1500 or 1501 strongly recommended

Hours and Unit Calculations:

48 hours lecture. 96 Outside of Class Hours. (144 Total Student Learning Hours) 3 Units

Catalog Description: Principles of verbal and nonverbal transactions that occur in relationships. Study of theory and research findings and their application to ethical communication in interpersonal relationships and its social responsibility to diversity, equity, and inclusion in personal and professional contexts.

Type of Class/Course: Degree Credit

Textbooks:

Adler, R., Rosenfeld, L.B., & Proctor, II, R.F. (2020). 15<sup>th</sup> edition. *Interplay: The Process of Interpersonal Communication*. New York, NY: Oxford University Press

Wood, J.T. (2020). *Interpersonal Communication: Everyday Encounters*. (9<sup>th</sup> edition). Boston, MA: Cengage Learning.

McCornack, S., & Morrison, K. (2022). *Reflect & Relate: An Introduction to Interpersonal Communication*. (6<sup>th</sup> edition). London, UK: MacMillan Publishers

Wrench, J.S., Punyanunt-Carter, N.M., & Thweatt, K.S. (2020). *Interpersonal Communication: A Mindful Approach*. (OER)

Stokes-Rice, T., & Leonard, V. (2020). *Interpersonal Communication*. (OER)

Additional Required Materials: None

Course Objectives:

By the end of the course, a successful student will be able to:

1. Analyze and evaluate how communication creates, develops and changes personal identities including variables such as culture, gender, ethnicity, and race; explain the effect of communication on personal identities.
2. Examine and determine the effects of communication on interpersonal relationships and social and cultural realities.
3. Examine and evaluate the ethical implications of interpersonal communication and its social responsibility to diversity, equity and inclusion founded on communication theory and research



including listening and other individual skills and competencies for successful interpersonal communication.

4. Diagnose conflict in interpersonal relationships and create appropriate conflict management strategies.

#### Course Scope and Content:

##### Unit I: Interpersonal Process

- A. Why We Communicate
- B. The Communication Process
- C. What Makes Communication Interpersonal?
- D. Communication Competence

##### Unit II: Mediated Interpersonal Communication

- A. Mediated Communication: Pros and Cons (How Technology and Trends in Popular Media Influence Others)
- B. Mediated Interpersonal versus Masspersonal Communication
- C. Competence in Mediated Communication

##### Unit III: Cultural and Interpersonal Communication

- A. Culture and Communication
- B. Culture Values and Norms: Shaping the Issues
- C. Co-Cultures and Communication
- D. Codes and Culture
- E. Developing Intercultural Communication Competence

##### Unit IV: Interpersonal Communication and the Self

- A. Communication and the Self-Concept
- B. Presenting the Self
- C. Disclosing the Self

##### Unit V: Perceiving Others

- A. The Perception Process
- B. Influences on Perception
- C. Common Tendencies in Perception
- D. Synchronizing Our Perceptions

##### Unit VI: Language

- A. The Nature of Language
- B. The Impact of Language on Our Values and Beliefs
- C. The Language of Responsibility to Become Inclusive, Equitable, and Diverse
- D. Gender Stereotypes and Language and How it Influences Society and Their Behaviors

##### Unit VII: Nonverbal Communication

- A. Nonverbal Communication Defined
- B. Characteristics of Nonverbal Communication
- C. Functions of Nonverbal Communication
- D. Types of Nonverbal Communication

Unit VIII: Listening: Receiving and Responding

- A. The Nature of Listening
- B. The Challenge of Listening
- C. Components of Listening
- D. Types of Listening Responses

Unit XI: Emotions

- A. What are Emotions?
- B. Influences on Emotional Expression
- C. Expressing Emotions Effectively
- D. Managing Emotions

Unit X: Dynamics of Interpersonal Relationships

- A. Why We Form Relationships
- B. Models of Relational Dynamics
- C. Communicating About Relationships

Unit XI: Communication in Close Relationships: Friends, Family, and Romantic Partners

- A. Communication in Friendships
- B. Communication in Family
- C. Communication in Romantic Relationships

Unit XII: Managing Conflict

- A. What is Conflict?
- B. Conflict Styles
- C. Conflict in Relational Systems
- D. Conflict Management in Practice

Unit XIII: Communication Climate

- A. What is a Communication Climate?
- B. How Communication Climates Develop
- C. Creating Supportive Climates
- D. Conversation: From Monologue to Dialogue

Learning Activities Required Outside of Class:

The students in this class will spend a minimum of 6 hours per week outside of the regular class time doing the following:

1. Studying
2. Answering questions



3. Completing required reading
4. Written work
5. Observing or participating in an activity related to course content

Methods of Instruction:

1. Lectures
2. Discussions
3. Independent Study
4. Activities
5. Purposeful Collaboration

Methods of Evaluation:

1. Quizzes and tests
2. Oral presentations
3. Written reports
4. Journaling

Supplemental Data:

T.O.P. Code:	0601.00 Media and Communications, General
Sam Priority Code:	E: Possibly Occupational
Funding Agency:	Y: Not Applicable
Program Status:	1: Program Applicable
Noncredit Category:	Y: Not Applicable
Special Class Status:	N: Course is not a special class
Basic Skills Status:	N: Not Applicable
Prior to College Level:	Y: Not Applicable
Cooperative Work Experience:	N: Course is not a part of a cooperative education program
Eligible for Credit by Exam:	No



TAFTCOLLEGE

Eligible for Pass/No Pass:	Yes
Disciplines:	Communication Studies