

Reviewed by: G. Golling Reviewed by: M. Mayfield Reviewed by: A. Jarrahian Date reviewed: Spring 2017 C & GE approved: April 17, 2017 Board approved: May 10, 2017 Semester effective: Spring 2018 Textbook update: Spring 2019

# Biology (BIOL) 2265 Human Pathophysiology (3 Units) CSU

Prerequisite: Successful completion of BIOL 2250 and BIOL 2257 with a grade of "C" or better.

Advisory: Eligibility for English 1500 strongly recommended.

Total Hours: 48 hours lecture

Catalog Description: An introduction to the basic fundamentals of pathophysiology, focusing on essential concepts of physiologic changes and altered functions to the human body resulting from disease processes. Principles from anatomy, physiology, microbiology, and chemistry will provide the foundation for the study of pathophysiology, body systems, etiology, and pathogenesis. Diagnostic procedures, preventative measures, and current therapeutic regimens will also be explored. This course is intended for nursing students at C.S.U.B.

Type of Class/Course: Degree Credit

Text: Huether RN PhD, Sue E., and Kathryn L. McCance RN PhD. *Understanding Pathophysiology*. 6th Edition. Mosby, 2016.

# Course Objectives:

By the end of the course, a successful student will be able to:

- 1. Define what disease is, and identify common causes of morbidity and mortality in patients,
- 2. Define terminology associated with the study of pathophysiology,
- 3. Identify common disorders of selected body systems in terms of pathogenesis, etiology, clinical manifestations, significant diagnostic tests, common treatment modalities, and potential complications,
- 4. Analyze and interpret typical signs and symptoms of selected disorders,
- 5. Discuss the influence of age, heredity, environment, stress, and immune response in disease processes,
- 6. Apply knowledge of responses of the human body to illness and injury toward more effective patient care, and
- 7. Define the basic approach to treatment of various disorders based on current medical science and clinical practice.



# **Course Level Student Learning Outcomes**

# **Local General Education Learning Outcomes**

- 1. Develop an understanding of the relationship between science and other human behaviors.
- 2. Demonstrate the scientific method.

# Course Scope and Content:

Unit I Introduction to Pathophysiology

> A. Understanding health and disease

В. Cellular changes

Unit II Fluid, Electrolyte, and Acid-Base Imbalances

> Types of imbalances A.

Treatment of Imbalances B.

Unit III Pain

> Characteristics of pain A. Classification of pain B.

Pain control C.

Unit IV Inflammation and Healing

> Body defenses A. Inflammation В.

C. Healing

Unit V Infection

> Principles of infection A. В. Physiology of infection

Unit VI **Immunity** 

> Immune system function A. B. Transplant rejection C. Hypersensitivity reactions

Autoimmune disorders D.

E. Immunodeficiency



В.

Unit VII Skin Disorders Inflammatory disorders Α. Skin infections B. Skin tumors C. Unit VIII Musculoskeletal System Disorders Trauma A. Bone disorders В. Disorders of muscle, tendons, and ligaments C. D. Joint disorders Unit IX Blood, Circulatory, and Lymphatic System Disorders Blood dyscrasias A. Neoplastic blood disorders В. C. Lymphatic disorders Unit X Cardiovascular System Disorders Heart disorders Vascular disorders В. Unit XI Respiratory System Disorders Respiratory disease A. B. Lung diseases C. **Expansion disorders** Unit XII Nervous System Disorders Neurologic dysfunction A. Congenital neurologic disorders В. C. Degenerative disorders Mental disorders D. E. Spinal cord disorder **Endocrine System Disorders** Unit XIII Diabetes A. В. Thyroid disorders C. Pituitary hormone D. Adrenal glands Unit XIV **Digestive System Disorders** Common digestive system disorders A. B. Diagnostic tests C. Upper GI tract disorders Disorders of liver and pancreas D. E. Lower GI tract disorders Unit XV Urinary System Disorders A. Incontinence and retention

Urinary tract infections



C. Renal failure Unit XVI Reproductive System Disorders Disorders of the male reproductive system В. Disorders of the female reproductive system C. Infertility D. Sexually transmitted diseases Unit XVII Neoplasms and Cancer A. Benign tumors В. Malignant tumors Unit XVIII Stress and Associated Problems Stress response A. Coping with stress В. Unit XIX Congenital and Genetic Disorders Congenital Anomalies A. Genetic Disorders В. C. **Developmental Disorders** Unit XX Complications Due to Pregnancy Physiological changes during pregnancy A. B. Potential complications of pregnancy Complications Due to Adolescence Unit XXI Obesity and metabolic syndrome A. Musculoskeletal abnormalities В. C. Eating disorders Skin disorders D. Disorders affecting sexual development E. Unit XXII Complications Due to Aging The aging process A. В. Physiological changes with aging Unit XXIII Immobility and Associated Problems Factors involving immobility A. Systemic effects of immobility В. C. Effects of immobility on children Unit XXIV Substance Abuse and Associated Problems Predisposing factors A. Potential complications of substance abuse В.

Learning Activities Required Outside of Class:

Treatment for substance abuse

C.



The students in this class will spend a minimum of 6 hours per week outside of the regular class time doing the following:

- 1. Studying course lectures notes, handouts, and textbook reading,
- 2. Answering questions on study assignments,
- 3. Completing required reading as assigned, and
- 4. Completing written work as assigned.

#### Methods of Instruction:

- 1. Lectures,
- 2. Student presentations,
- 3. Pre and Post Class discussions, and
- 4. Multimedia presentations.

# Methods of Evaluation:

- 1. Proctored, closed book/closed note examinations,
- 2. Study assignments,
- 3. Quizzes, and
- 4. Research paper

# Supplemental Data:

TOP Code:	040300: Microbiology
SAM Priority Code:	E: Non-Occupational
Distance Education:	Not Applicable
Funding Agency:	Y: Not Applicable(funds not used)
Program Status:	1: Program Applicable
Noncredit Category:	Y: Not Applicable, Credit Course
Special Class Status:	N: Course is not a special class
Basic Skills Status:	N: Course is not a basic skills course



Prior to College Level:	Y: Not applicable
Cooperative Work Experience:	N: Is not part of a cooperative work experience education program
Eligible for Credit by Exam:	E: Credit By Exam
Eligible for Pass/No Pass:	C: Pass/No Pass
Taft College General Education:	